

# Montview Supper Club 2025-26

## January Companion Material

### **Prayer:**

#### **A Prayer for Gratitude for our Meal**

Loving God, for the gift of this table and the joy of these conversations, we give thanks. May the food we share nourish our bodies and the words we share nourish our souls. Bless our time together, that it may be filled with grace, laughter, and kindness. Amen.

### **Discussion questions**

1. Where have you experienced or witnessed 'proximate love'?
2. Discuss the ubuntu philosophy and situations where it might be particularly successful.
3. Love as a muscle--discuss Tippet's 4 points:
  - Using names-not 'those people'.
  - Complicating your enemy.
  - Asking what might they be afraid of?
  - When you've done harm apologize.
4. Where have you seen love in action?

### **Podcast link interview with Bryan Stevenson:**

On Being

<https://onbeing.org/programs/hope-is-a-muscle-i-love-is-the-motive/>

### **Quote from *Becoming Wise*:**

*If we are stretching to live wiser and not just smarter, we will aspire to learn what love means, how it arises and deepens, how it withers and revives, what it looks like as a private good but also a common good. I long to make this word echo differently in hearts and ears--not less complicated, but differently so. Love as muscular, resilient. Love as social—not just about how we are intimately, but how we are together, in public.*